

Hello Oil Lover

Here is your reminder to 'choose natural healing'.
Using your 'Mantra' daily with your 'Oil Ritual' will support your
health and well-being.

SIMPLY: Print this page, cut out and place near
your box of oils or within reach. When using your oils,
take 3 deep breaths
and repeat Mantra several times, silently or out loud.

Take the time everyday to allow beauty in your life.
Embrace the divine being that you truly are...
Happy Mantras

Love MEA x

MANTRA Essential Oils

I trust the healing power of
plant medicine.

My intuition always guides
me to choose the right oils.

Every drop I use heals
and supports my
body, mind and spirit.

I trust that my physical
and spiritual well-being is
nurtured.

I embrace nature's gifts

Mother Earth
AROMATHERAPY

